

JANUARY

stuff to remember this month:

SPEAK is joining the movement calling on churches and universities to disinvest from fossil fuels - see go.fossilfree.org/uk

pray over your own money; where it is used and invested
www.yourethicalmoney.org may help



spend some time looking back over the past year

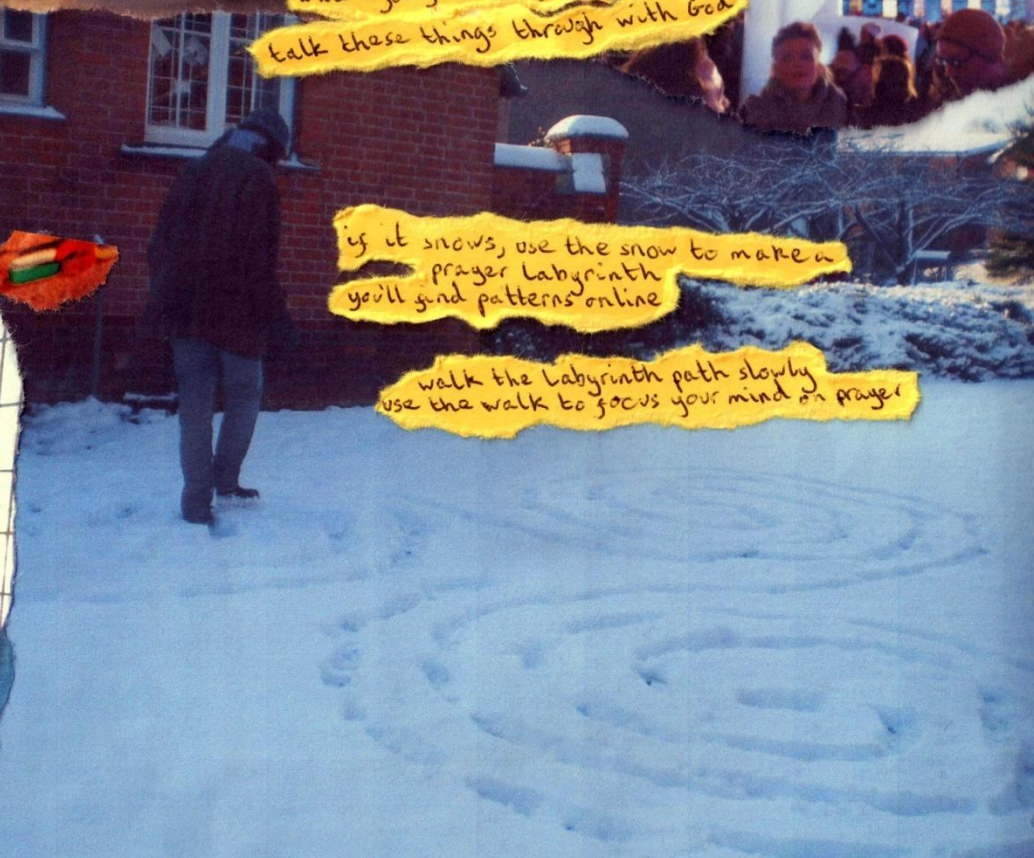
ask God to show you the highs and lows of the year
when you felt close to God

when God seemed distant
what made you feel alive
what you found difficult

talk these things through with God



it's still Christmas till 6th!
enjoy celebrating the good food you have
and giving thanks with friends



if it snows, use the snow to make a
prayer labyrinth
you'll find patterns online

walk the labyrinth path slowly
use the walk to focus your mind on prayer